



Charlottesville Dermatology

April Newsletter

Spring has sprung.... or has it?

In the last couple of weeks we have experienced 80° weather and snow! I was out cheering for my family in the 10 miler last Saturday (yes they all finished) and let me tell you it was down-right chilly! This Saturday the Charlottesville Market re-opens with promise of fresh fruit, vegetables, colorful plants and flowers. March and April are such confusing months! I am so ready for spring!

I was having a really hard time choosing a theme for this newsletter. Working in health-care is very complicated at the moment with all the changes, some good/some not so good. You plan for one thing and then Congress votes & sends you in different, or sometimes multiple directions. I wanted to give our staff recognition for all the work they do; for all of the juggling that is forced on them to keep up with changes and for doing it with a smile (hmm....most of the time).

So many thanks to our hardworking staff;

Front Desk Staff - Vera, Martina and Liz
Billing Staff - Sue, Debbie and Amber
Laser Technician - Rhonda
Medical Assistants - Jessica, Trista and Lin
Transcriptionist - Leslie



Our wonderful Physicians - Drs Magee and Elder
Laser Pulse

Charlottesville Dermatology
WELCOMES BACK RHONDA HUGHES

LASER HAIR REMOVAL
IPL
FRAXEL
MICRODERMABRASION
PEELS
PRODUCT SALES



Offering in April
Schedule 1 Laser Hair Removal treatment and receive
2nd area at half price (at equal or lesser charge)

**Call today today to schedule an
appointment with Rhonda.**

Anna Magee, MD
Deborah Elder, MD
Chelsi Miller, NP
600 Peter Jefferson Parkway,
Suite 230, Charlottesville, VA
(434) 984-2400
charlottesvilledermatology.com



In anticipation of the season of swimsuits, sundresses and shorts, Rhonda suggests that you start your hair laser treatments now. We are offering an attractive special in April. Buy one laser hair removal treatment and receive a 2nd area at half price (equal or lesser area treated).

What are the benefits of laser hair removal?

The FDA has approved this technology for permanent hair reduction.

There is no down time.

You can resume your normal routine immediately.

There is less pain and discomfort compared to other treatments(i.e.waxing)

It is less expensive long-term.

Large areas can be treated fairly quickly.

The laser affects the hair follicles when they are in a growth phase. As a result more than one treatment may be necessary as not all hair follicles are in a growth phase simultaneously. The average patient requires a series of treatments (4-6) over a 4-6 month period. Most patients notice a hair reduction during the treatments and some patients do not require all the treatments in the series.

Wrinkle Free Wednesday

Join us on April 20th for our next Wrinkle Free Wednesday.

With sunny days approaching, we are excited that our EltamD representative will be at our office to talk about our favorite EltamD sunscreens and help you decide the best option for your skin type. Jacquie has sent some terrific little sample bags for us to give to our patients on that day.

We also have a special "Duet Package" offer on Botox and Juvederm (\$125 total savings) . Unfortunately none of us can avoid the aging process, but we can slow down the signs. If you have never had a filler, this may be a good opportunity to try Juvederm and receive a \$75.00 rebate if you have the service in conjunction with a Botox treatment.

If you just want to treat a single area, you will receive an instant \$50 rebate on either Botox or Juvederm.

Facial lines and wrinkles are caused by a gradual breakdown of the body's collagen and elastin fibers in the skin. Unfortunately, we all experience this normal aging process. With Juvederm® the signs of aging are greatly minimized. Juvederm® is a gel filler which instantly smoothes away wrinkles around your mouth and nose, and can fill in other lines and wrinkles on the face. With just one treatment, you'll get smooth and natural-looking results. Many who receive this product report that the results last up to one year. The benefits of Juvéderm® filler injections are easy to see: immediate improvement in the appearance of wrinkles and creases and fuller lips for those who wish to augment this aspect of their face. Risks with Juvederm® are few, as the materials contained in Juvederm® filler are naturally produced in the human body and are therefore not allergy-producing. Redness and swelling at the injection site can occur, although these are not common and typically disappear within 24 hours. Injection treatments at our practice are performed by our experienced and well-trained physicians.

WRINKLE FREE WEDNESDAY
April 20, 8am- 5pm

Terrific Botox®/Juvederm®XC Duet Package
Treat two problem areas at the same service
Receive \$50 instant rebate and \$75.00 mail-in rebate
Total Savings: \$125
* Just want Botox or Juvederm? Still receive \$50 instant rebate

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Look positively radiant with an Obagi Blue Peel Radiance package.
Introductory offer: 3 treatments for \$150

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EltamD sunscreens: Buy one and receive \$10 off 2nd EltamD purchase

10% OFF
Dysport® / Sculptra™ Aesthetic Restylane® / Perlane® / Radiesse®

CALL FOR AN APPOINTMENT: 984-2400

CHARLOTTESVILLE DERMATOLOGY

Anna Magee MD • Deborah Elder MD • Chelsi Miller NP
600 Peter Jefferson Pkwy., Ste. 230, Charlottesville

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www.charlottesvilledermatology.com Physicians are Board Certified in Dermatology

Derm Notes



Keratosis Pilaris

Keratosis pilaris is a common condition that typically begins in childhood and is characterized by tiny white or red rough bumps over the backs of the arms, tops of the legs and in some cases on the face. It is associated with dry skin types and is not a sign of a more serious condition. It is most common among fair skinned individuals with dry skin or a history of eczema and often runs in families. There is no cure for keratosis pilaris though it often improves to some degree in adulthood. The symptoms of rough red dry skin can be improved with regular use of thick moisturizing creams and gentle exfoliation with a loofa or Clarisonic. If you think that you may have keratosis pilaris, talk to your provider about your symptoms at your next appointment.

HAPPY EASTER!



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