

# CHARLOTTESVILLE DERMATOLOGY PLC

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## BOTOX/DYSPOORT PATIENT INFORMATION AND INFORMED CONSENT

The use of Botox/Dysport for medical treatment began in 1984 for the treatment of certain ophthalmologic conditions that had previously been treated surgically. Botox was approved by the FDA in 1989, and ophthalmologists have been using it extensively with excellent results since that time. Dysport was approved by the FDA in 2009. A small amount of Botox/Dysport, which is purified toxin produced by the bacterium *Clostridium botulinum*, is injected into the specific muscle causing the problem. The most common areas treated in cosmetic dermatology are lines between the eyebrows, the "crows' feet" area around the eyes, and forehead lines. After a few days the ability to frown, squint or wrinkle the brow will be either impossible or reduced. In many cases the lines associated with these activities will gradually fade, but it depends in part on how long they have been there, how deep they are and how much sun damage is present. Within three to six months these muscle groups begin to recover and repeated treatments are necessary. In some patients retreatment may not be necessary for longer and longer intervals, and in a few cases can be stopped altogether without the return of these lines. Not all facial lines and folds are caused by muscle activity alone, however other alternative treatments, such as laser resurfacing, facelifts, Renova, Retin-A, alphahydroxy acids, collagen injections, etc., may be used in conjunction with Botox/Dysport.

Botox has been approved by the FDA for the treatment of strabismus and blepharospasm (ophthalmologic conditions) and is not recommended in individuals with known hypersensitivity (allergy) to any ingredient in the formulation (botulinum toxin type A or albumin). It is also used in many other types of muscle contraction disorders including facial lines and wrinkles. This use is termed "off-label" use. This means that it has been used for wrinkles after it was originally approved for eye disorders. This is considered "innovative" therapy.

Despite the excellent safety profile, a few uncommon side effects could occur:

1. A burning or stinging sensation may occur at the time of treatment.
2. Bruising may occur at the injection site. Products such as aspirin and ibuprofen increase the likelihood of bruising.
3. Mild swelling may occur at the site of injection for a few days.
4. In rare instances (1-2%) a temporary drooping of the eyelids or eyebrows has occurred.
5. Very rarely headache, twitching, numbness, or asymmetry (one side different from the other) may occur. In some patients tension headaches have regressed or disappeared completely after treatment.
6. One case of temporary visual disturbance has been reported.
7. Infection and scarring are unlikely complications.
8. Treatment during pregnancy or breastfeeding, or if you have any other significant neurological disease is prohibited.
9. The affected area(s) may not respond to the treatment.

Following the postoperative instructions is of absolute importance to get the best results and prevent unwanted side effects. Please read them carefully.

I have read all of the above material and all of my questions have been answered. I agree to be treated with Botox/Dysport by Dr. Magee or Dr. Elder. I understand that no guarantee has been made. I understand that this is a cosmetic procedure and not covered by insurance. I consent to having before and after-treatment photographs taken so that my response to treatment can be documented.

Patient Name (print): \_\_\_\_\_ Chart #: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_

(Charlottesville Dermatology PLC Representative)

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### **BOTOX/DYSPOORT POST-TREATMENT INSTRUCTIONS**

Adherence to the following post-treatment instructions is of absolute importance to obtain the best results from your treatment and to prevent unwanted side effects.

1. Remain upright (**no naps!**) for four (4) hours after the procedure.
2. **DO NOT TOUCH** the treated area for four (4) hours after the procedure. Touching the treated area may lead to unwanted side effects.
3. Actively use the treated muscle groups (i.e., frown or squint) for one (1) hour after the procedure.
4. This will help the Botox/Dysport bind to the desired area and enhance the results.

**Please call Charlottesville Dermatology (434-984-2400) if you have any questions or problems.**