



roaring into march

Ah Begorrah! To say that there is a lot to tell is the understatement of the year! We are in the process of planning several events for the upcoming months.



- [Chelsi Miller](#), our Nurse Practitioner, is going to be hosting a series of talks on common dermatology conditions that can often be improved when the triggers and treatments are better understood. (See flyer below) Please call the office to register for this event.
- [Rhonda](#), our cosmetic expert, is offering mini-facials to celebrate **Mardi Gras Week**. A mini-facial gives Rhonda the opportunity to highlight some of our products, such as the Clarisonic Brush, face-masks and mineral Sunscreens. Call our office to schedule an appointment for a mini-facial for just \$25.00.
- [March 16](#) is our next Wrinkle Free Wednesday Date. See the flyer below for some terrific March specials. Mark your calendars and come join us!
- We are offering 15% off an IPL treatment for the entire month of March.
- We have added some new items to our product line and we are excited about a new summer hat "[The Scrunchie](#)" that is just flying off the stands

*Here's Céad Míle Fáilte to friend and to rover
That's a greeting that's Irish as Irish can be
It means you are welcome
A thousand times over
Wherever you come from, Whosoever you be*



derm talks series

Join us at 5.30pm for the first talk which will be on the Many Faces of Rosacea. We will have some light refreshments .

DERM TALKS

☯

Many Faces of Rosacea

Chelsi Miller, NP

Will discuss types, triggers, and treatments of this chronic condition affecting millions of Americans


March 14 at 5.30pm

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UPCOMING TALKS IN THE SERIES

Skin Cancer Awareness - May 16
Treatment options for acne prone skin - July 13
Healthy skin during pregnancy - August 10

Our focus is where it belongs – on the health of your skin.



CHARLOTTESVILLE DERMATOLOGY

600 Peter Jefferson Pkwy., Ste. 230, Charlottesville, VA

To register please call: (434) 984-2400
charlottesvilledermatology.com

Anna Magee, MD • Deborah Elder, MD • Chelsi Miller, NP



derm notes -seborrheic dermatitis

Seborrheic dermatitis (SD) is a common inflammatory condition that is most widely known as dandruff when it affects the scalp in adults and cradle cap among infants. Presenting as a red, scaly itchy rash, this condition is most commonly seen on the scalp, and on the skin surrounding the nose, eyebrows and ears. Less common areas of involvement include the chest, underarms, breasts, groin area and navel.

There is no true cure for seborrheic dermatitis, though there are often periods of flare and remission. Flares can be triggered by colder weather or stress. There are many medications available over the counter that help to control the symptoms of SD. Common preparations include selenium sulfide (Selsun Blue), salicylic acid (T-Sal), tar (T-gel), zinc pyrithione (Head and Shoulders) and ketoconazole (Nizoral). Stronger prescription strength products and topical steroids are used for more severe cases.

If you have SD, wash the affected areas daily with a medicated wash. Because SD is related to oil production and not dry skin, infrequent washing can actually make the problem worse. For more information on SD, talk to your provider at your next visit.



wrinkle free wednesday

WRINKLE FREE WEDNESDAY
March 16, 8am- 5pm

Dysport - \$50 instant rebate plus \$50 mail-in rebate
.....

15% off IPL Treatment for Entire Month of March
.....

Introducing 2 New Products: 15% off Obagi's Elastilash
and Charlottesville Dermatology's Retinol Serum

10% OFF
Botox® / Juvederm® / Sculptra™ Aesthetic
Restylane® / Perlane® / Radiesse®

CALL FOR AN APPOINTMENT: 984-2400

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www.charlottesvilledermatology.com Physicians are Board Certified in Dermatology

Don't miss out on several rebate offers expiring at the end of March!

Restylane - \$50 rebate off each mL (Minimum purchase 2ml in a single treatment required)

Perlane - \$65 off each mL

SculptraAesthetic - \$100 rebate on each syringe



Celebrate Mardi Gras Week
At
Charlottesville Dermatology

March 7th 1pm-5pm
March 9th 3pm- 5pm
March 10th 9am-12pm
March 11th 9am - 12 pm



Mini Facials for \$25.00

- *Clarisonic Face Wash**
- *Facial Mask with Steamer**
- *Sunscreen (EltAMD, Sunforgettable)**
- *Complimentary Product Consult**

(434) 984-2400



new products

Retinol Smoothing Serum helps assists in the achievement of smoother, firmer and more evenly-toned skin. Our anti-aging patients and those patients concerned about photodamage will love this new product that helps improve the appearance of fine lines, wrinkles, skin texture, skin tone and hydration. We carry two strengths; 3X for normal skin and 5X for tolerant skin.

Elastilash Eyelash Solution made by Obagi - helps achieve the appearance of thicker, fuller lashes.

EltAMD Foaming Facial Cleanser - If you love the EltaMD sunscreen products, you will love their new cleanser. Generates a thick, rich foam that gently lifts impurities away from the skin. Safe for daily use by all skin types.

The Scrunchie

Flip the brim down. Scrunch it into curvy waves. You can adjust the wire-edged brim on this dotted hat to match your every mood. Wide 4 1/2" brim shields you from the sun. UPF 50+.

We have only had these hats for a week and they are disappearing off the hat stand quickly.

Back Acne Spray

Just arrived! 10% Glycolic Acid/10% Salicylic Acid
It sprays upside down!



